



EMDC UK - Get Social



Find us on Facebook
to see even more Estrela news!

Estrela Rescue

The Estrela Mountain Dog Club UK alongside Estrela Mountain Dog Welfare & Rescue is devoted to the care and welfare of any rescue Estrela in need of a home.

Donating to the Rescue Fund couldn't be easier, just contact the Estrela Mountain Dog Welfare & Rescue team who will be more than happy to help you.

The Shop

EMDC UK have a fantastic selection of items in the club shop. From breed books and bumper stickers to pin badges and a great range of clothing!

New items come in from Portugal regularly, keep an eye on our Facebook page to see any new items we have available!

Welcome!

Hello,

I wanted to take this opportunity to firstly thank Ana for her many years as editor and secondly to introduce myself to all of you. My name is Rosie Hall and I am the new Editor of the Newsletter for EMDC UK.

I will do my best to promote our special breed with passion and devotion. Many of you have met my Estrela's Sulley and some of you have met Cinderella too, they hold a special place in my heart and soul. Estrela ownership is not for the faint hearted but they share with their humans a truly fantastic and unique bond.

I adore my dogs, including our mixed breed goofball Ralph. Estrelas have had my heart for a good number of years and will continue to for many years to come. I consider myself very lucky to have great friends in the breed and I look forward to many years to come learning more and meeting more Estrela slaves!

I also wanted to take this opportunity to thank you for all your contributions to this newsletter. Please do contact me on newsletter@emdc-uk.com if you'd like to share something in the winter edition!

Kind Regards, Rosie Hall



EMDC UK

The Committee

The Estrela Mountain Dog Club UK is made up of a group of passionate people dedicated to our wonderful breed.

OFFICERS

President: Carla Molinari (PT)
 Patron: Jeronimo Augusto (PT)
 Hon. Chairman: Peter Edwards
 Hon. Secretary: Camille Lambert
 Hon. Treasurer (Pro-tem): Marcia Dovey

COMMITTEE

Gill Douglas
 Nichola Marshall
 Kelly Bailey
 Rebecca Roberts
 Rosie Hall (Pro-tem)

Other positions

Rescue: Rescue@emdc-uk.com
 Estrela Mountain Dog Welfare & Rescue
 Puppy Co-ordinator: Rebecca Roberts
 Short Coat Co-ordinator: Gill Douglas
 Health Co-ordinator: Nichola Marshall
 Newsletter: Rosie Hall
 Club Shop: Marcia Dovey


Stay Calm!



Crufts 2022!

Another fabulous year was enjoyed by all at Crufts 2022.

Well done to all the dogs and their owners. We hope you all enjoyed the day as much as we did. Huge thank to you all that took part in Discover Dogs, celebrating and educating the public about our wonderful breed.

Estrela Mountain Dog - Judge: Mr G Hill	
Best of Breed	Garregddu Agua (Miss T & Miss R J Roberts) 
	Click To See Larger Photo
Best Dog	Essanelle The Red Musketeer (Mrs L V Godderidge)
Reserve Best Dog	Essanelle Dartagnan (Mrs L V Godderidge)
Best Bitch	Garregddu Agua (Miss T & Miss R J Roberts)
Reserve Best Bitch	Ni Ch Rainha Da Casa De Loas Em Bamcwt (Imp Port) Ejjw'16 (Miss L J, Mrs S A, Mr J & Mrs F Bermingham, Kendrick & Almeida)
Best Puppy	Super Number Initiating (Mr S Tychowski)
Best Veteran	Asterel Belle Starr at Garregddu (Miss T & Miss R J Roberts)
Judge: Mr G Hill	
Class 581. Puppy Dog	
Entries: 1 Absentees: 0	
1st Place	Cossus D'domus Stella (Imp Por) NAF (Mr S Tychowski)

Class 583. Post Graduate Dog

Entries: 2 Absentees: 0

1st Place

Essanelle The Red Musketeer (Mrs L V Godderidge)

2nd Place

Estjak Riodouro (Mr K & Mrs R Hall)

Class 584. Open Dog

Entries: 1 Absentees: 0

1st Place

Essanelle Dartagnan (Mrs L V Godderidge)

Class 586. Veteran Bitch

Entries: 1 Absentees: 0

1st Place

Asterel Belle Starr at Garregddu (Miss T & Miss R J Roberts)

Class 588. Junior Bitch

Entries: 1 Absentees: 0

1st Place

Super Number Initiating (Mr S Tychowski)

Class 589. Post Graduate Bitch

Entries: 1 Absentees: 0

1st Place

T'salina Do Cabeço Do Seixo (Imp Ptr) (Lady S McKinlay)

Class 590. Open Bitch

Entries: 3 Absentees: 0

1st Place

Garregddu Agua (Miss T & Miss R J Roberts)

2nd Place

Ni Ch Rainha Da Casa De Loas Em Bamcwt (Imp Port) E JW'16 (Miss L J, Mrs S A, Mr J & Mrs F Bermingham, Kendrick & Almeida)

3rd Place

Pt Ch Sela Da Quinta Moinhos Das Almas with Milagre (Imp Por) (Miss Gc Reid)

Class 591. Good Citizen Dog Scheme Bitch

Entries: 1 Absentees: 0

1st Place

Bamcwt First Edition (Miss L J & Mrs Sa Bermingham & Kendrick)

Discover Dogs at Crufts 2022!



EMDC UK Limit Show!

The EMDC has recently held our second Limit show on May 15th, what a fantastic day it was! We were lucky the weather was kind this year. The judge was breed specialist Nichola Marshall (Drimbea). Best Dog in Show was awarded to Deb and Steve Payne's Rico das Terras d'Cister. Best opposite was Shane Tychowski's Thalia da Casa Malana. Best Puppy in show was Nicole Cooper and Mat Ralph's Milagre Skyforce, and best Veteran in show was Milagre Ice Ice Baby.

The committee would like to thank everyone for coming along, having a go and making this a truly wonderful day. Please enjoy these images of our day.



Rico das Terras d'Cister



Thalia da Casa Malana



Milagre Skyforce



Milagre Ice Ice Baby

The 10 Laws of Estrela

- 1 - Thou shalt possess great intelligence, yet thou shalt never be obedient.
- 2 - Thou shalt not wag thy tail but swing it around in a giant helicopter of swishing.
- 3 - Somewhere there's a reason to bark.
- 4 - Thou shalt not steal, unless it's a sock, shoe, or something the humans left within reach.
- 5 - If it makes noise thou shalt bark loudly at it, just in case.
- 6 - Thou shalt never walk around a muddy puddle, either go bog diving or run away from the murky water.
- 7 - Thou shalt never go over or around, it's quicker to go through.
- 8 - Thou shalt see off threats every minute of every day with extreme loudness. When thy sleep, do so upside down, with one eye open.
- 9 - Thou shalt give thy humans Estrela eyes at every opportunity.
- 10 - Protect and love thy human family with all thy heart.

A few more photos showing the fun of the day. There was the chance for new handlers to have a go in a handling class too, young handler Abigail was placed 1st with Estjak Riodouro. Loads more photos available to view on our member Facebook Page. Critiques on the following page!



EMD's are lap dogs...honest!

Estrela Mountain Dog Club (UK) Limit Show 15/05/2022

As a replacement judge I was honoured by the quality and number of entries. I left the show feeling truly excited about the future of the estrela in the UK. A massive thank you to my steward for keeping things running smoothly and most of all thank you to the exhibitors - we had a mix of novice and experienced handlers and everyone was so patient and sporting.

NB: We had some gusty wind which was blowing exhibits tails up/down/sideways so if you are looking at photos, only one dog had a tail that was genuinely carried over the back.

V D/B (2 1)

1 Reid's Milagre Ice Ice Baby BVIS 10 year old, reddish gold, long coat bitch presented in lovely condition. Still conveying the impression of being vigorous and hardy. Alert, intelligent expression with dark eye. Muzzle moderately tapered. Topline of muzzle almost straight, with slightly aquiline nose. Ears small, thin and carried rosed. Short loin and correct, gentle rise on the underline. Withers higher than croup, tail well set with correct length and shape. Movement free and easy, giving no hint of her age.



1 Cooper & Ralph's Milagre Skyforce BPIS pinstripe brindle, short coat male. 7 months old and most 'together' of the four brothers. Lovely, intelligent expression, dark eye with correct oval shape, moderate stop midway between nose and correctly defined occiput, skull only slightly domed. Muzzle almost straight and only slightly tapering, parallel to the skull and showing excellent proportions of length to depth and breadth. Lovely rose ears set on correctly. Good length of rib cage. Broad, well-muscled loin. Slightly sloping croup with good length and tail set. Underline very gently rising. Rear pasterns vertical. Moved straight and true in a typical, easy, purposeful jog trot.



Try telling that to an Estrela that wants cuddle time!!

OUR DOGS Feature

The Estrela Mountain Dog feature in OUR DOGS newspaper was released on May 13th 2022.

What a fantastic feature it was! Topics covered include breed history, health, grooming, living with Estrela and much more!

Order your copy directly via Our Dogs, <https://www.ourdogshop.co.uk>



2 Reid's Milagre Icon, tiger brindle, short coat male. A bit more stop than 1 but still with excellent planes and proportions of skull and muzzle. Narrower in front than 1, still with good length of rib cage, loin and croup. More angulation behind than 1. Epitomising the correct mastiff type but also epitomising gangly, raw boned, youth at the movement, looks like he has quite a bit more growing still to do than his brothers. Showed some promising paces when settled but not as together as 1 at the moment. One I look forward to seeing in future.



Kong Suffing Recipe

Keep your dogs calm, and distracted this weekend by filling those Kongs with yummy treats!

If you don't have a Kong a tennis ball with a hole cut into works too!



MEATY TREAT

Ingredients: A portion of your dog's normal kibble, about a teaspoon of meat paste, a chunk of banana (about an inch thick).

Method: Half fill the Kong with kibble, then add the meat paste. Using the handle of the spoon, mix the meat paste into the kibble. Add some more kibble, packing it in well, and then plug the large opening with the banana.

Food Fact: Banana is a 'prebiotic' food, which means it provides a good nutritional base to feed the dog's friendly gut bacteria and so promote good digestive health.

SAFETY NOTE: Please make sure your dog is supervised when eating these treats. You must also make sure that your dog has no allergies to ingredients listed.

3 Willicombe & McKenzie's Milagre Revolution, pinstripe brindle, short coat male. Another lovely male who moved beautifully. Very similar to 1 but a touch smaller. Showing a little pink in the inner corners of the eyes - hopefully just from growing.



YD/B (2 0)

1 Tychowski's Cossus D'Domus Stella (IMP PRT) red brindle, long coat male, only just 1 year old. Lovely head with broad skull, only slightly domed, developed occiput, parallel planes, moderate stop and correct proportions. Big, black nose and dark amber eyes of correct shape. Lovely thick neck set onto well bladed and laid back shoulders with nice return of fore arm allowing him to stand well over himself. Great spring of rib, short coupled, moderate angulation and tail with fixed hook. Good bone, thick coat. Not moving with the greatest confidence but straight and true, fore and aft. Another one I look forward to seeing mature.



How to Join EMDC UK?

Become a Member

It's easy to join us. You can apply online. Head to the 'Join our Club' page of our website for further information, new applications and renewals.

Refer a Friend

Know a friend that is interested in Estrela Mountain Dogs?

You don't have to own one to be a member, just share with us in the love for the breed. All are welcome at the EMDC UK.

Membership is open to all ages. The Cub is now Kennel Club recognised, which allows is to hold many more educational and fun events, as well as dog shows!

We hope to meet you at one of our upcoming events in the near future!

EMDC UK Picnic

When: September 11th 2022

Where: Kingsley Water Park (NE Birmingham)

Why not make a weekend of it and enter Richmond Championship Show on Saturday 10th!

Further details will follow soon, check out our Facebook page for the latest announcements.

2 Tychowski's Super Number Initiating red gold with extreme black mask and subsequent black shading on chest legs, long coat bitch. Not the length of skull of 1 and diverging planes giving less stop. Short thick neck into good shoulders. Nice breadth and depth of chest, ribbed well back, short coupled with good bone. Well balanced angulation, moving straight and true but a little hesitant.



SBD (2 0)

1 Wilson's Moon River da Ponta da Pinta (IMP PRT) BSCIS pin stripe brindle short coat. Good length of leg, angulation and overall proportions, of mastiff type. Skull broad, long and slightly domed, amber eye. Rose ear set on correctly. Thick neck into powerful looking shoulders - could do with dropping some weight to show to best advantage - ribbed well back with short, broad loin into slightly sloping croup. Moved straight with a free and easy jog trot.



2 Hall's Estjak Rioudouro bright gold fawn with black mask and dark eye. Gives an attractive profile with moderate stop, skull equal length to muzzle which is slightly aquiline and rose ears. Good depth of chest and spring of rib. Good bone. Moved freely and with vigour. Scimitar tail of good length.



LD (1 0)

1 Willicombe & McKenzie's Milagre Revolution.

SOSCD (3 0)

1 Wilson's Moon River da Ponta da Pinta
2 Reid's Milagre Icon
3 Willicombe & McKenzie's Milagre Revolution



OD (2 0)

1 Payne's Rico das Terras d'Cister (IMP PRT) Shaded red fawn with black head and heavy long coat but of correct texture. This boy gets aloof just right. Lovely, long powerful head, broad and masculine but not too deep or heavy. Correct dark amber eye with fantastic expression. Distinctive rose ears set on correctly. Excellent spring of rib, length of rib cage, underline and broad, short loin. Moderate angulation which showed in effortless, straight, balanced jog trot with level topline and head held in line. At the cobbler end of the spectrum but with so many qualities he was a well deserved BIS.

2 Hall's Esijak Riodouro

LB (2 1)

1Tychowski's Thaila (IMP PRT) Fawn long coat with black head and associated shading. Gorgeous, calm, intelligent expression with correct dark amber eye. More aqualine profile with great length of skull and muzzle, head broad and powerful but still feminine and not deep or heavy. Plenty of bone and substance throughout with balanced angulation, naturally stands four square, lovely shoulder with desired return of forearm, moderately deep and broad chest and loin. Great balance which showed in straight, easy jog trot. Fixed hook in tail making it look shorter than it is. BB & BOS.

**OB (2 0)**

1 Roberts' Garregddu Agua Red fawn, long coat with black mask extending over the skull. Dark eye, embodying alert today, lovely small, neat rose ears. Good length of rib with correct, gradual rise of the underline and short, strong loin. Well let down hocks, short, almost vertical pasterns, moved straight and true with great purpose, reach and drive. RBB

**Can dogs eat Kale?**

Yes! Leafy vegetables pack a powerhouse of vitamins, minerals, carotenoids and flavonoids linked to better health, especially brain health. They're also a good source of helpful roughage. Many fall into the cruciferous family, including kale, spinach, chard, mustard greens, beet greens, collards, dandelion greens, broccoli, cauliflower, cabbage, bok choy and brussels sprouts. Here, we'll kick off with super-food kale.

Kale, one of the most nutrient-dense vegetables. A rich source of vitamins A, B6, C and E as well as folate and manganese, it also provides thiamin, riboflavin, pantothenic acid and several minerals, such as iron, potassium and phosphorus. Additionally, kale is a great source of two main antioxidants, lutein and zeaxanthin, that can potentially protect against cancer!

Many people include kale in their own smoothies. You can do the same for your dogs by whipping up a doggie super-food smoothie using kale, blueberries, banana, yogurt, chia seeds and other fruits/vegetables. Freeze in silicone ice cube trays to make refreshing, lickable summer treats, or add a little to a stuffed Kong recipe, then freeze the Kong. Or, use a couple of spoonful of this smoothie mix as a meal-topper.



2 Edwards' Nabica da Casa da Thuya (IMP PRT) Pale fawn long coat with black mask. Lovely balanced head and expression, amber eye, only wanted to carry one of her ears rosed. Gentle rise to the underline and well let down hocks. Hook in tail.



BD/B (3 0)

1 Roberts' Garregddu Agua

2 Reid's Milagre Ice Ice Baby

3 Tychowski's Super Number Initiating

NBED/B (1 0)

1 Edwards' Nabica da Casa da Thuya (IMP PRT)

B (1 0)

1 Wilson's Moon River da Ponta da Pinta (IMP PRT) & Milagre Big Dipper Father and son, short coat brindles, moved well together and certainly made an impressive couple of sturdy, powerful looking dogs.

SOFD/B (1 0)

1 Roberts' Garregddu Agua

SOBD/B (1 0)

1 Tychowski's Cossus D'Domus Stella (IMP PRT)

SOD/BFR (5 0)

1 Payne's Rico das Terras d'Cister (IMP PRT)

2 Cooper & Ralph's Milagre Skyforce

3 Willicombe & McKenzie's Milagre Revolution

4 Reid's Milagre Ice Ice Baby

5 Edwards' Nabica da Casa da Thuya (IMP PRT)

Judge: Nichola Marshall (Drimbea)

Photos courtesy of Rosie Hall and David Knapp

More show news!

In other show news, breed history was made at WELKS by the short coats who for the first time ever outnumbered the long coats! Judge Steve Bennett found his Best of Breed in Pt Ch Seia da Quinta Moinhos das Almas with Milagre, this was her first best of breed in the UK. Reserve best bitch was Tracey and Rebecca Roberts Garregddu Agua, Best dog was Seia's son Stryder, Milagre Revolution, owned by Rebecca Willicombe. At just 6 months old, he was attending his first show. Stryder was also best puppy and best special beginner, he went on to represent the breed very well in the Special Beginner group. Reserve best dog was his littermate Milagre's Icon, owned by Gill Douglas. What a huge achievement this is for the short coats and the breed as a whole!



*A family reunion with mum Seia , Ike, Saxon,
Stryder, Rollo and dad Teo.*

At Redditch and District Open Show, breed specialist Gill Douglas was judging. Gill awarded Best of breed to Tracey and Rebecca Robert's Garregddu Agua and Reserve Best of breed to Rosie and Kyle Hall's Estjak Riodouro.



Redditch Canine Society Open Show 2022

Estrela Mountain Dogs

P. 0

J.0

PG 2,2

1. Hall's Estjak Riodouro. 3 year old lc fawn male of good size and substance. Correct muzzle length and proportions, and good width to skull. I would prefer tighter flews. Dark eye and soft expression, and excellent rose ears. Well off for bone and good well furred feet. Presented in good coat and hard muscular condition. Firm topline. Would like more bend of stifle. He was a super side gait and going away moves a little close. Moves with enthusiasm. Well handled. RBOB
2. Marshall's Sacerdotisa das Terras D'Oster of Dnimbea (Imp). 9 year old fawn lc mature lady of good type. Super head and ears, with dark eye and sweet expression. Good width of chest. A little long in body and would prefer a firmer topline. Well presented, in muscular condition. Would like more bend of stifle. In the heat she wasn't moving a positively as I so had to give way to youth today.

O 1,1

1. Robert's Garregddu Agua. Mature 3 year old fawn lc bitch. Top size with plenty of substance but still retaining her femininity. Lovely head with good proportions and melting expression. Rosed ears. Moderate angles front and rear, making her movement effortless. Well presented with good coat and in hard muscular condition. Parallel movement front and rear and super side gait. BOB

Gill Douglas (Milagre)

Estrela Mountain Dog Welfare & Rescue!

Rescue Spotlight: Luna

Luna is a 5 year old female from Portugal. Sadly Luna is in conflict with the other female dog in the family since both girls had phantom pregnancies. She has been spayed but sadly the friendship could not be rekindled and the situation is unsafe for both girls so her family have made the heartbreaking decision to rehome Luna.



Luna is OK with other dogs outside of the household and enjoys her walks. She's fine with people, she can be wary at first which is normal for the breed, but soon warms to new people. She's very attached to her female owner so may do best with a woman in the home. She's always lived in quite a rural area so she may not suit a very urbanised area.

Luna needs to be the only dog in the home. She is not cat tested. She is currently still with her family in Norfolk.

We are looking for a foster placement or a foster with a view to a permanent home. Please contact us via email if you think this lovely brindle lady could be the one for you.



Rescue Spotlight: Loba

Loba is a spayed, 3-year-old female born in the UK and currently living in Cheshire. Her owners describe her as the most loving / loyal companion, however sadly a change in home circumstances has meant her owners have had to take the heart-breaking decision to rehome her.

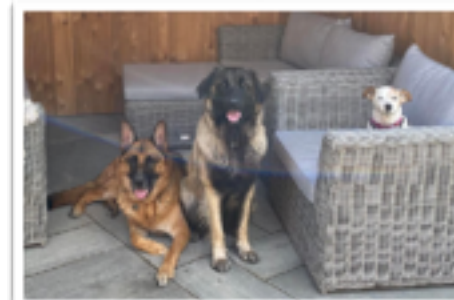
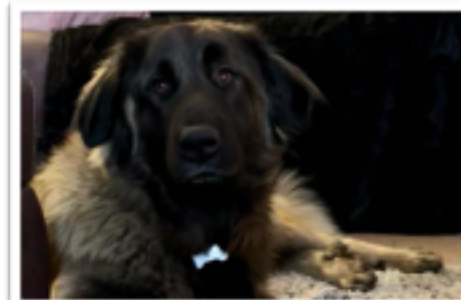
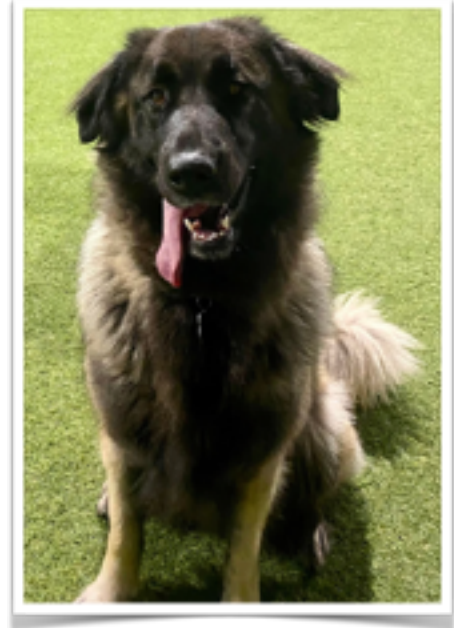
Like many Estrela's she can be a little timid towards people she first meets but is then the most wonderful, friendly dog! She's brilliant at home and may bark if she's the only dog left alone at home. She's used to having another male dog as company. She's met children but never lived with them, and hasn't been introduced to cats.

Loba will need a secure garden. Like many Estrela's she has poor recall if she sees anything stimulating, so is only allowed off-lead in secure hired areas.

She has played with numerous dogs off lead in a secure field when introduced correctly but is reactive to other dogs when on a lead. She's responsive to treats / training to keep her attention, but the new owner will need to be aware of and manage this. She can also be reactive to other stimulants such as cats etc, but again she's responsive to training and manageable. When calm, she walks perfectly on a lead and doesn't pull, knowing all basic commands well.

Healthwise, she has shown some allergies towards foods and can itch at various times of the year. She's never done this so much that it's caused hair loss etc. and as a precaution her owners have taken preventative action with monthly injections and an allergy diet, so whilst she might benefit from continuing with this, it's also possible that it might not be needed in a new environment. In addition, she has mild hip dysplasia, which was treated with care / physio as a young dog and now requires no treatment at all, however, to maintain this she will need an active home with plenty of walks to keep her well-muscled.

We are looking for a foster placement or a foster with a view to a permanent home. Please drop us a message if you think this lovely fawn lady could be the one for you.



Rescue Spotlight: Sammy

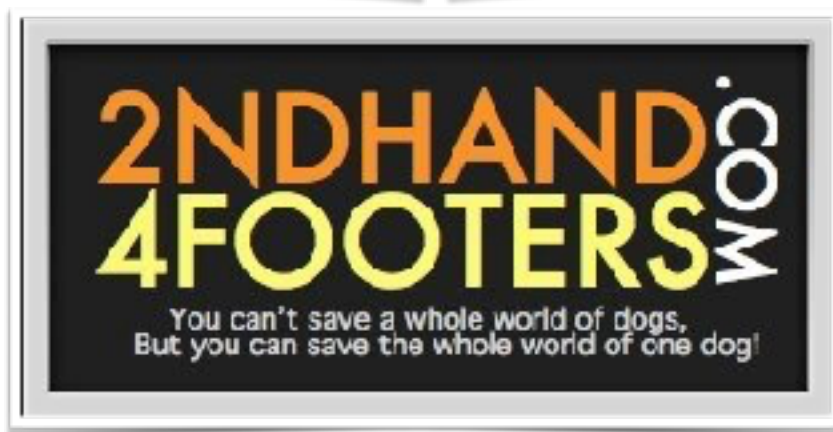
Sammy was the companion of Soul, who was adopted recently by a wonderful, Estrela orientated family in England. Soul developed fairly quickly into a social, well balanced loving dog. Sammy was his shadow, hiding behind him for support and comfort. Following him around their pen in the shelter but not having the courage to be stroked and cuddled by the volunteers. Now it's Sammy's turn to get a loving home and we will do everything to make that happen. Sammy is shy but very calm and needs someone to help him get over his shyness. Many Estrelas are shy to begin with due to their role as flock guardians working with only a sole shepherd as their companion. Once you are the one he trusts, his world changes and so does yours.



Sammy is vaccinated, castrated, chipped and tested as all our dogs are.

Date of birth is May 2020. He weighs around 48 kg and is 60 cm at the shoulder.

Sammy is currently in Portugal with Second Hand Four Footers rescue and can be homed in the UK, with full rescue backup from EMDWR. For more information please follow this link. <http://2ndhand4footers.com/dogs-for-adoption>





Ice Cube Fun, Keeping Your Dog Cool

We humans like to escape soaring temperatures by relaxing with a frosty treat – so why should things be any different for our pets? Dogs totally appreciate the cooling effect of frozen tasties when it's super-hot and it's not hard to make yummy healthy cooling snacks for your dog!

Dogs enjoy this yummy treat at all times of year! We've got some recipes for frozen treats your dog will go crazy for. As well as the recipes below you can add your dogs favourite treats, perhaps a small sprat or two.

Watermelon Freezy

All you need is 1 cup watermelon and 1 cup ice cubes. Blend them together until smooth and then pour the mixture into a safe, freezable toy like a KONG or any of the freezable games in the Beyond the Bowl Blog series.

Fruit Slushie

This recipe can also be used as a ready-to-serve slushie. Simply blend it, and then put it in a bowl or in a KONG to have an immediate thirst quencher for your hound. You can also substitute the watermelon for blueberries or bananas if your dog prefers those instead. Feel free to enjoy this yourself, though you may want to add some sugar to your half if you like things a bit sweeter.

Frozen Peanut Butter Banana Pops

A fantastic recipe from Petplan, this one needs: Three 6-oz. containers of plain, low-fat yogurt, ½ cup of low-sodium peanut butter, one 4-oz. jar of banana baby food (or a small ripe banana), and 1 tablespoon of honey. Blend all ingredients well and pour into small paper cups. Put a dog bone in each one to act as a handle. Freeze and then peel away cup to serve!

Breath Garnishes

Why not cool your pup down while helping dispel doggy breath? Fill ice cube tray ¾ of the way with water. Mix a few peppermint leaves or a couple drops of pure peppermint oil with a sprig of parsley and add to each cube. Freeze. Put a few cubes in your dog's water.

When it's really warm, a simple way to cool your dog off (and keep him occupied!) is to just feed him his biscuits frozen. Soak in just enough water (or low-sodium broth!) to cover about half the biscuits. When the biscuits have absorbed most the water, stuff into a KONG or other freezable treat toy.

It's Tick Season!

Tick season is from March to November. We have had such a wet winter that it is likely conditions will be very favourable for ticks once the weather starts to warm up. It is very difficult to limit the spread of tick borne disease due to the prevalence of wildlife (hedgehogs, foxes, deer, badgers, birds and small rodents) that will be out in places where we like to walk our dogs.

The tick risk, can start in our own back garden where hedgehogs and foxes may come through. The tick cannot jump like a flea but it will crawl up long blades of grass and catch a ride by grabbing out with its front legs to a passing body.

Ticks tend to thrive in damp and marshy areas and so dogs who love water may be more likely to come into contact with them.

Generally ticks will attach to areas of the body with exposed skin and less hair where there are rich blood vessels close to the surface. Abdomen, armpits, ears, around the eyes, groin and between the toes are good places to check when back from a dog walk.

Even if a dog is on treatment for tick prevention nothing will be 100% effective.

We love TickOff by VitaCanis, used alongside our usual spot on tick prevention. TickOff is 100% natural and safe for dogs, horses, and other large animals... and humans, but intolerable to tick, fleas, and harvest mites.



Fun on the Field

Whilst away for a showing weekend a few members met up at a local enclosed dog field to let their dogs run off some steam. What a wonderful experience to see 5 Estrela, some of which had never met, plus two mascots all playing beautifully together. We hope you enjoy these images!



Dogs and Adders - Keeping Safe



It's summer and in some areas such as heathland and open forest there are adders around which can give dogs a nasty bite.

Have you ever been told not to walk your dog in hot weather when adders are around? The flawed logic behind that advice could actually end up increasing your chances of an adder encounter. Here's why...

Beware of cool adders

A hot adder is alert and fast. It will readily detect approaching footsteps and slither away from danger. A cool adder is dopey and sluggish. It can easily be caught off-guard and, unable to escape quickly, will be forced to defend itself.

So cool adders are the ones you really ought to avoid. Those who understand reptiles recognise the best times and conditions in which to find cool adders. By cool adders we mean those warm enough to have come out of their underground shelters but too cold to be very active. In that state they bask to soak up the sun's warmth, giving you a good chance to spot them.

Watch the temperature

There is little point in looking for adders when the temperature is much below 10°C or much above 17°C. If it's very cold, or dark, or raining heavily, the snakes will not venture out. If it's hot, they will have little need to bask and they will be too quick to see.

There are no guarantees, but if you stick to walking when it's colder than 10°C or warmer than 17°C, and ideally allow for an extra margin of error on those figures, you will be a lot less likely to meet an adder.

Where are we likely to come across adders?

The classic adder habitats are heathlands, grasslands and other natural-looking grassy areas such as the edges of beaches. You may have walked your dog amongst an adder population without even knowing it, areas such as The New Forest are something of a stronghold for this declining and protected species.

Shift with the seasons and the weather

The time of day when reptile lovers are out looking for adders is in that 10°C to 17°C window.

You might well find adders basking in October, November, March and occasionally in even colder months. In spring and autumn, adders typically venture out between about 9 and 11 in the morning and 4 and 7 in the afternoon to give them the best chance of basking. That means you are relatively 'safe'

walking before 9 am or after 7 pm - unless the weather is unusually warm for the season, in which case you need to go earlier in the morning or later in the evening.

In summer you have to get up very early in the morning if you want to walk before the adders wake. If the weather stays warm, they may still be moving around and basking well into the evening. The safest option, other than walking somewhere else, might be to go for a walk when it's hot.

There are other complicating factors which make it impossible to give a precise definition of what is a bad time to walk your dog (or a good time to look for reptiles). For example, overcast weather with hazy sunshine filtering through the clouds can bring adders out basking at any time of day. Sunny periods between showers have a similar effect.

How serious is an adder bite?

To put things into perspective, many people in Britain have been bitten by adders - often because they pick them up - but the last death was in 1975. That's over 40 years ago. Figures for dog casualties are hard to come by, but it does seem that most survive the experience - albeit with major illness and injury in some cases.

In the event of a bite, get to the hospital or vet, respectively, as quickly as possible but don't panic. Try to slow down the spread of the venom by preventing running, over-excitement or movement of the affected area. Ideally, children and dogs should be carried.

To summarise

You can minimise the risk of stumbling upon a dozy, defensive adder by walking in areas where they are most likely to be found when it's very cold, very hot or raining heavily. You can also walk in the dark, of course, as basking requires at least some sunlight.

However some people are afraid of adders, they have much more to fear from us and they will abandon an area if they are disturbed too much. Staying away - or keeping your dog on a lead - at the times when they are most vulnerable is good for your dog's safety and for wildlife conservation.



Secretaries Report

At last, we are free from most restrictions regarding Covid! It's been over 2 years since I first went into Lockdown (on March 23rd, 2020), as I live in the first County that was put into Lockdown and we stayed that way for quite a few month's. Things seem to be returning to normal and we are now able to hold events with few covid implications!

Talking of which - our next event is the Annual Picnic! This will be held again at Kingsbury Water Park (near Birmingham), as that is quite central to most of our members. It will be held on Sunday, 11th September and we will be booking an area just for us as this gives us plenty of room for our dogs, as well as our club shop and space for games, demonstrations, and anything else we feel like doing! Last year we went on a super walk with all the dogs too! This is a purely social day out, where we can meet and greet each other and see everyone's Estrela's (and other dogs are welcome too!). We hope many of you can make it!

At the halfway mark this year, we have a total of 72 voting members plus 16 Junior members. This is the highest membership we have had to date! Thanks to you all for your support and welcome to our new members! The Club would not be here if it wasn't for you!

We had a very successful Club show and AGM, where we welcomed a new Committee member (Rosie Hall), who has kindly taken on the Newsletter. These publications do not produce themselves, and we are reliant on articles, stories, photo's etc from all of you! So please do not hesitate to pass along items to Rosie at any time during the year. You can reach Rosie at Newsletter@emdc-uk.com.

This year sees the Club hold it's first Breed Appreciation Day, which is an event required by the Kennel Club where we educate potential judges about our breed. This will be held on 20th November (at Bearley Hall, near Stratford Upon Avon), and we will be looking for volunteers to bring dogs to use in 'hands on' practice for the judges. The dogs must be good with people and be happy to have strangers examining them as if in the show ring (the dogs do not need to be show trained, but it would be appreciated if they would stand relatively still for this). If you would be interested in helping us out, please contact me.

This leaves me to wish you all a happy Summer! I hope you have a wonderful time with lots of sunshine and maybe a holiday or two thrown in for good measure! We must make the most of it, as with the speed the year is flying by - it will be Winter again before we know it!

Camille Lambert

Secretary@emdc-uk.com

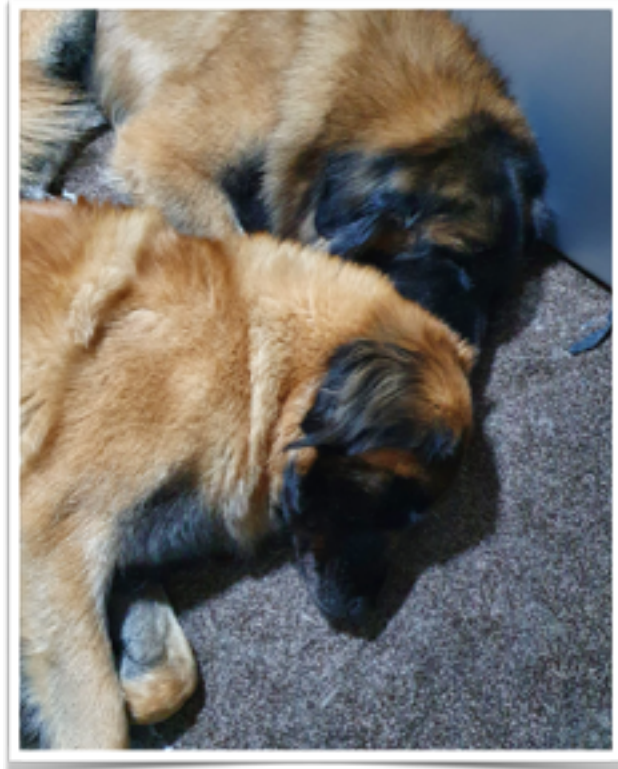
Tel: 07958 549778 (after 7 pm)



Pets Page

The place to share with us what you and your dogs have been up to outside of the show ring. Celebrating the many skills and adventures we have with our dogs. To see your dogs here please send us an email including photos and a short description of what you got up to.

Adventure camping in our converted ambulance with Sulley, Cindy and our non Estrela Ralph.



Getting to know you

- What is your name? Gill Douglas
- What country do you reside in? UK
- How many Estrelas do you own? 5
- What is/are your dogs name(s) and age(s) Womble, 10 yrs, Root 5 yrs, Seia 4 yrs, Bardo 3 yrs and Ike 8 months
- How did you come up with the name, does it have any specific significance? Womble looks like a Womble 😊 look it up if you're not from the UK. Root is named after a female villain in Person of Interest. Bardo and Seia were named by their breeder and Ike is short for Icon, the litter were named after rollercoasters at our local theme park.
- What is your dogs' favourite food? Home cooked food or raw bones
- What is your favourite thing to do together? Walks mostly, though Root loves training
- What bad habit does your dog have? Usual stuff, barking mainly
- What is the best thing about your dog? They're my friends
- What is the naughtiest thing your dog has ever done? Too many to count
- What is the funniest memory involving your dog? Hard to choose, they make me laugh every day
- What is the best memory involving your dog? Winning an obedience trial with Root
- What is the hardest thing about being an Estrela owner? Finding secure places to run them
- What is the most rewarding thing about being an Estrela owner? The love and loyalty for their special people
- Does your dog have a nickname and what is it? Womble =Wobbert, Root = Tooty , Seia = Seiabeia , Bardo = Boobins, Ike = Spikey



Getting to know you

- What is your name? Rosie Hall
 - What country do you reside in? UK
 - How many Estrelas do you own? 2
 - What is/are your dogs name(s) and age(s)? Sulley 3yrs and Cindy (Cinderella) 2yrs.
 - How did you come up with the name, does it have any specific significance? Our dogs are named with disney in mind. Sulley - Monsters Inc and Cindy is obviously Cinderella!
 - What is your dogs' favourite food? Sulleys favourite is chicken wings, Cindy loves fish!
 - What is your favourite thing to do together? Sulley loves a good cuddle, he also loves being groomed! Cindy loves to play chase and run so we go out on the forest running together.
 - What bad habit does your dog have? They both enjoy a good bark off with the neighbours or the wind or leaves blowing by!
 - What is the best thing about your dog? So many things to say here, those eyes melt me, I love how gentle and mellow Sulley can be. Cinderellas feet smell like popcorn! She asks us to hold her feet and give her affection.
 - What is the naughtiest thing your dog has ever done? Sulley has eaten many thing he shouldn't over his puppy hood, remote controls, my glasses, all sorts but the grossest thing he's ever done was to hide a half eaten deer leg under my pillow! Cindy has eaten her fair share of stuff too but she goes for big items, the corner of my bed and dining table for example!
 - What is the funniest memory involving your dog? So many funny things, they make me laugh every day with their goofy antics.
 - What is the best memory involving your dog? So many memories, it's hard to pick! Sulley is super special to me, he alerts me when my blood sugar drops. We have a very strong connection. Picking Cinderella up from Portugal was simply one of the most incredible experiences. One I'll never forget.
 - What is the hardest thing about being an Estrela owner? The guilt of saying no to that face! And the barking, oh the barking!
 - What is the most rewarding thing about being an Estrela owner? Everything about them, incredible dogs, Estrela are truly amazing. The connection they share with our children is beautiful.
 - Does your dog have a nickname and what is it? Oh yes. Sulley gets called bear, bearsy, bear bear, monster, bear dog, sullivan, smoochy face, shouty pants.
- Cinderella, shortened to Cindy, gets called, rella, little fluff, Princess, bop it, boops and probably loads more!

