

EMDC UK NEWSLETTER



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Hello to all

A lot has happened in 2017 and in this newsletter I will try to cover everything that happened both in the UK and in Portugal in the Estrela World.

The first event of the Estrela Year in the UK is always Crufts in March. Which was held on the 9th to the 12th March 2017.

We then had our AGM and Fun day on the 21st May. We had our meeting and we then had a Portuguese style buffet which was prepared by some of our committee members. The weather was good for us and we had a lovely turnout.

In terms of news from Portugal as you all know my brother Pedro is president of Licrase and we are happy to say we had a fantastic first year. We were busy at many fairs in the north of the country promoting the breed and securing more presence at future fairs and events so we can carry on actively promoting the breed in its home country.

We also released the first ever Newsletter for Licrase .

We also had the annual Monografica which was organised by the Portuguese Association of the Estrela Mountain Dog on the 4th November 2017.

The last event of the year for us in Portugal was organised by Licrase and it was our annual Specialised António Nogueira Lorenço Dog Show which was held on the 2nd December 2017.

We hope that 2018 will bring a lot more events for both clubs and another year of success in promoting the breed both in the UK and in Portugal.

Unfortunately it is with some sad news that I close my introduction of this newsletter and it is with great sadness that I have to report the loss of Jennie Kindell. Jennie was one of those that asked us to start a new club to give non-show owners a club as well as the show people.

Jennie will be very sorely missed at our events, if you are not sure which lady this is she was the owner of Pedro the Estrela that used to bounce up and down on his front feet. Pedro was always accompanied by Paddy his little cross breed brother.

Jennie was a truly lovely lady and will be very much missed at our club events. I am sure that all our thoughts are with Malcolm, her husband and Fiona her daughter.

Don't forget to contribute any articles or photos to the newsletter at anaritauk@hotmail.co.uk

CLUB NEWS & ARTICLES**Secretary's Report:**

May I first wish everyone a Very Happy and Successful 2018. The weather in 2017 really messed with our social plans so sadly neither picnic took place. We then hoped to have a November get together at Bearley but the hall was totally booked. All we can do now is pray that we have better success this year.

Memberships are still good and will grow if we can get some litters born to bring new people in. We hugely value our existing members but our membership is fairly static as people lose their dogs and others have new babies. It really doesn't help when we need to cancel events due to the awful weather. If any of you can suggest new events or even new venues for our picnics etc. we are happy to listen as long as they are fairly central. The AGM was a success with great food once again provided by Ana Vidal, Fatima Ramos, Luis Ramos and Pedro Silva. The weather was actually very good to us and it was great seeing the children and puppies having a fun time and the older dogs looking on. It was lovely to see non-members join us and especially good to see a short hair puppy which I believe is the first to reside here since the 80's.

The AGM is a great opportunity to meet other owners and people interested in the breed and for possible new owners to see the breed and speak to existing owners. It is also lovely to see people enjoying the dogs of all ages. Rescue has been fairly quiet and at times it is hard to get people to understand the rules we operate by.

Our Rescue Rules are made to protect the previous owners as well as the adopting owners and of course our main concern is the dog. Rescue can be quite hard to manage at times but we will always be there to help an Estrela in trouble.

I hope that all the dogs enjoyed the pre-Xmas snow, I know mine did as we had about 6"-8" so it was fun.

Our latest ventures are the appointment of Nichola Marshall as our club Health Co-ordinator so I am sure that you will hear more about that before too long. We need to highlight any breed health problems which may arise and see if it is something that is becoming a breed problem. An honest and open attitude to this is needed and I can assure you that your help will be respected in every way. After the last AGM Simon Westcott offered to come onto the Committee to try and update our logo and other tech stuff for us. We really thank him for his ideas and cannot wait to see the final logo which will have to go to AGM to be accepted.

Please remember that this is your club and your Committee so if we can ever help in any way please contact us and we will do what we can to help. Marcia

The Estrela Club Shop:

The Estrela Club Shop is being updated to stock the new polo shirts with the new club logo once the logo is approved and in a variety of colours.

We also have the advantage of bringing new items from Portugal which we already introduced at the last AGM and seemed to be quite welcomed by members.

We always want to be able to provide a wide range of products so please do let us know if there is any items in specific you would like and we can try to get them.

CRUFTS 2018 - 08TH TO 11TH MARCH

The Estrela Mountain dog had a total of 31 entries. Judging was under the watchful eye of Mrs S Bird. The Best of Breed was Milagre Got A Feelin At Estjak owned by Ms S Mckinlay and Mr A Johnson.

Crufts®

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Crufts 2018 Results

[Return to Main Results Page](#)

BREED & CLASS RESULTS

Estrela Mountain Dog

Judge(s): MRS S BIRD

BEST OF BREED

MILAGRE GOT A FEELIN AT ESTJAK

Bitch

Owner: MS S & MR A MCKINLAY & JOHNSON

BEST DOG

ASTEREL BALOO

Dog

Owner: MRS P A DEAN

BEST BITCH

MILAGRE GOT A FEELIN AT ESTJAK

Bitch

Owner: MS S & MR A MCKINLAY & JOHNSON

RESERVE BEST DOG

**INT/IR/LUX/BEL CH HAIA DA CASA DE LOAS EM BAMCWT (IMP PORT) SHCM
BW'LUX'17**

Bitch

Owner: MISS L J & MRS S A BERMINGHAM & KENDRICK

RESERVE BEST BITCH

RAINHA DA CASA DE LOAS EM BAMCWT (IMP PORT) EJW'16

Bitch

Owner: MISS L J, MRS S A & MR J & MRS F BERMINGHAM, KENDR

Classes

Junior - Dog Entries: 1 Abs: 0	1st TUGAESTRELA TEDDY (MR L RAMOS)
Post Graduate - Dog Entries: 3 Abs: 0	1st ASTEREL BALOO (MRS P A DEAN) 2nd ASTEREL SAM SPADE (MS J A HOLT) 3rd BAMCWT FIRST KNIGHT (MRS K L BAILEY)
Open - Dog Entries: 4 Abs: 0	1st PORT CH/LUX/BENEL/DT CH (VDH) ODI DA CASA DE LOAS EM BAMCWT (IMP PORT) EW'16 (MISS L J, MRS S A & MR J & MRS F BERMINGHAM, KENDR) 2nd ASTEREL DEEAGO (MRS P A DEAN) 3rd CH TARSNEYISLE ODYSSEUS AN CH 16,CW 17 (MR A S W SAWYER) Res ASTEREL SAM SPADE (MS J A HOLT)
Veteran - Bitch Entries: 3 Abs: 0	1st ASTEREL MAMMA MIA OF BAMCWT EJW09 (MISS L J & MRS S A BERMINGHAM & KENDRICK) 2nd ASTEREL CRACKLIN' ROSIE (MRS C OGBORN) 3rd ASTEREL CHIQUITITA AT MILAGRE (MISS G C REID)
Junior - Bitch Entries: 3 Abs: 0	1st BELLALUA SEPHDAR BRILHA PARA CONQUELL (MS H G LINNETT) 2nd TUGAESTRELA MAGGIE (MR L RAMOS) 3rd BELLALUA NUSHABA AT BELEZAOCAS (MRS P CHISHOLM)
Post Graduate - Bitch Entries: 5 Abs: 1	1st ASTEREL KAA AT GARREGDDU (MISS T & MISS R J ROBERTS') 2nd ASTEREL XIQUITA (MRS P A DEAN) 3rd ASTEREL SHEER HEART ATTACK (MRS M J BAKER) Res BAMCWT FIRST EDITION (MISS L J & MRS S A BERMINGHAM & KENDRICK)
Open - Bitch Entries: 10 Abs: 2	1st MILAGRE GOT A FEELIN AT ESTJAK (MS S & MR A MCKINLAY & JOHNSON) 2nd RAINHA DA CASA DE LOAS EM BAMCWT (IMP PORT) EJW'16 (MISS L J, MRS S A & MR J & MRS F BERMINGHAM, KENDR) 3rd DRIKA DA COSTA OESTE AT ASTEREL (IMP PT) (MRS P A DEAN) Res ASTEREL TUPPENCE (C, P & R OGBORN, DEAN & TITMAN) VHC MILAGRE ICE ICE BABY (MISS G C REID)
Good Citizen Dog Scheme - Bitch Entries: 2 Abs: 0	1st INT/IR/LUX/BEL CH HAIA DA CASA DE LOAS EM BAMCWT (IMP PORT) SHCM BW'LUX'17 (MISS L J & MRS S A BERMINGHAM & KENDRICK) 2nd INT/IR/LUX/BEL CH HAIA DA CASA DE LOAS EM BAMCWT (IMP PORT) SHCM BW'LUX'17 (MISS L J & MRS S A BERMINGHAM & KENDRICK)

AGM AND FUN DAY - 21ST MAY 2017

Our AGM and Fun day was a success again. We had our annual meeting followed by a Portuguese style buffet which we hope everyone enjoyed.

After lunch we had such a lovely day that we hosted our raffle outside and had social time to meet a few new dogs and new owners too. Here are some pictures of the day.





PORTUGAL NEWS

This section will have some events from Portugal so that everyone can see how we divulge the breed in its home country, we hope you enjoy and some day join us at one of these events in Portugal.

FEIRA DO QUEIJO DE SEIA - 25TH TO 28TH FEBRUARY 2017

Licrase was present at Seia's cheese fair on the 25th, 26th, 27th and 28th of February. Throughout these days our objective was to divulge and promote our breed the Estrela Mountain Dog. We were very well received by everyone present on the day and by all the visitors to our stand.

We would like to thank the Mayor of Seia and the MP Capoulas Santos for their visit to our Stand and to our dogs.

We would also like to leave a big thank you to the members and breeders Monika Zwesken and Teresa Azevedo Gomes for their presence at the fair together with their short hair Estrela Mountain Dogs. Licrase was present at Seia's cheese fair on the 25th, 26th, 27th and 28th of February. Throughout these days our objective was to divulge and promote our breed the Estrela Mountain Dog. We were very well received by everyone present on the day and by all the visitors to our stand.

We would like to thank the Mayor of Seia and the MP Capoulas Santos for their visit to our Stand and to our dogs.



FEIRA DO QUEIJO DE OLIVEIRA DO HOSPITAL - 11-12 MARÇO 2017

Licrase was once again at another cheese fair in Oliveira do Hospital on the 11th and 12th March 2017.

We would like to thank Eng. Graça Cardoso for the invitation to Licrase to participate in the fair. And also a big thank you to Presidente Professor Marcelo Rebelo de Sousa for taking time in his visit to take a photo with us and the dogs.



FEIRA DO QUEIJO DE FORNOS DE ALGODRES - 18-19 MARÇO 2017

Licrase was once again at another cheese fair in de Fornos de Algodres on the 18th and 19th March 2017.

We would like to thank RTP1 for the tv interview on the tv program Aqui Portugal and to the tv presenters Helder Reis, Catarina Camacho and Tiago Goes Ferreira (we will make the video available here on our page soon), a thank you to the Vereador da Camara Municipal de Fornos de Algodres Dr. Alexandre Lote and also to Sr. Joao Mario Amaral for the visit.



FEIRA DO CAVALO DE PONTE DE LIMA - 06-09 DE JULHO 2017

Licrase was present for another year at the Ponte de Lima Horse Fair, from July 6th to July 9th, 2017. We really enjoyed being there once again, and meeting all of those who came to see us and get to know us.

Next year we hope to be able to once again represent and promote the Estrela Mountain Dog breed.

We thank the Horse Fair of Ponte de Lima, the Municipality of Ponte de Lima and Eng Paulo Pimenta for the invitation to participate in the Fair



XXVII MONOGRAFICA DO CÃO DA SERRA DA ESTRELA CASTELO BRANCO - 2017

APCSE organised the XXVII Monografica of the Estrela Mountain dog in Castelo Branco on the 04th November 2017.



Best Veteran

- 1º Tudor da Quinta da Liria
- 2º Fragão



Best Brace

- 1º N'Beirão do Cabeço do Seixo e A'Tanira do Cabeço do Seixo
- 2º Salvador D'Alpetratina e Salva D'Alpetratina
- 3º Onix da Casa de Lóas e Nikita da Casa de Lóas



Best Breeder

- 1º Cabeço do Seixo
- 2º Casa de Lóas
- 3º Casa das Thuyas



Best Baby

- 1º Redia-curta da Casa das Thuyas
- 2º G'Teka da Acinomagricultura



Best Puppy

- 1º Pastorinha-III
- 2º F'Junior da Acinomagricultura



Baby Class - Males

1º MB - Rédia-Curta da Casa das Thuyas



Baby Class - Female

1º G'Teka da Acinomagricultura - MB
 2º Milka da Casa das Thuyas - MB
 3º Iris II do Vale do Juiz



Puppy Class - Male

1º F'Junior da Acinomagricultura - MB
 2º Tinto Cao D'Domus Stella - MB
 3º F'Looper da Acinomagricultura - B



Puppy Class - Females

1º F'Fly da Acinomagricultura - MB
 2º Zafra da Casa do Penedo - MB
 3º Trincadeira D'Domus Stella - MB
 4º Cartuxa da Casa das Thuyas - MB



Junior Class - Males

1º Vak do Cabeço do Seixo - Exc CCJ

2º Sal da Quinta da Lúria - MB

3º O'Neil da Casa Redonda - MB



Intermediate Class - Males

1º Portalegre do Vale do Juiz - Exc

2º Gold da Casa Redonda - Exc

3º Tobias II da Quinta de S. Fernando - Exc



Open Class - Males

1º Zimbro da Casa de Lóas - Exc CAC-QC

2º Zeus do Vale do Juiz - Exc RCAC-QC

3º Q'Raio da Casa de Lóas - Exc

Open Class - Males

4º Baltazar do casal do Lethes - Exc

5º Lotus I da Quinta de S. Fernando - Exc

6º Salvador das Terras D'Cister - Exc



Champions Class - Males

- 1º Onix da Casa de Lóas - Exc CCC
- 2º N'Beirão do Cabeço do Seixo - Exc
- 3º Bisconde do Casal do Lethes - Exc
- 4º Zuki da Casa das Thuyas - Exc
- 5º M'Faia do Cabeço do Seixo - Exc



Veteran Class - Males

1º Tudor da Quinta da Líria



Best Male Long Hair

1º Tudor da Quinta da Líria



Junior Class - Females

- 1º Furya da Quinta do Ganhão - Exc CCI
- 2º Dinora do Casal do Lethes - Exc
- 3º X'Isis do Cabeço do Seixo - Exc

**Open Class - Females**

- 1º Tara da Quinta do Ganhão - Exc CAC-QC
 2º A'Tanira do Cabeço do Seixo - Exc RCAC-QC

Open Class - Females

- 3º Chanel da Quinta do Ganhão - Exc
 4º Bluma das Terras D'Cister - Exc

**Champions Class - Females**

- 1º R'Lira do Cabeço do Seixo - EXC CCC
 2º Jadys da Quinta do Ganhão - EXC
 3º Nikita da Casa de Lôas - EXC

Champions Class - Females

- 4º Quikka da Casa de Lôas - EXC
 5º Amy Winehouse do Alto Douro - EXC

**Best Female Long Hair**

- 1º R'Lira do Cabeço do Seixo - EXC CCC



Champions Class - Males

Savador D'Alpetratinia



Veterans Class - Males

Fragão



Puppy Class - Females

Pastorinha-III



Intermediate Class - Females

Castela-II - EXC CAC-QC



Champions Class - Females

Salva D'Alpetratinia - EXC CCC



Best Female Short Hair

Salva D'Alpetratinia - EXC CCC



BIS - Tudor da Quinta da Liria
RBIS - Salva D' Alpetratinia



Best of Short Hair

BOB - Salva D' Alpetratinia
BOS - Salvador D' Alpetratinia

Best of Long Hair

BOB - Tudor da Quinta da Liria
BOS - R' Lira do Cabeço do Seixo



THE FUTURE OF THE BREED IS IN THEIR HANDS - BY ANA VIDAL

Teach them from a young age to care for them, nurture them, handle them, love them and they will grow together



This is Eva Silva and she is 11 years old. She lives in Mafra, Portugal. Her father breeds Estrela Mountain Dogs for over 20 years. From a very young age Eva has always been exposed to the breed and grew up with the dogs. Her love for the breed grew naturally and she now enjoys taking them to shows and fairs.

I decided to ask her a few questions to find out why she enjoys the Estrela Mountain Dog is so much.



Q1: Why do you like the Estrela Mountain Dog?

A1: Because it is a breed that I grew up with and I have a lot of trust in from a young age.

Q2: What do you enjoy doing most with the breed?

A2: I like to go inside the kennels and play with the puppies and the big dogs too. I enjoy grooming them at home and at shows. I enjoy taking them for walks in Ericeira with my dad and teach them to walk on the lead. I also enjoy taking them to shows and fairs.



Q3: Why do you enjoy taking them to shows so much?

A3: I find showing a lot of fun. I like to show the dogs to the judges and do my best for the breed, I have some confidence in the ring and I try to improve every time. I also like that I get to go to the UK by car and show the dogs abroad. I also enjoy the fact that we visit new places all the time when we go to shows and I find this interesting.



Q4: What are your objectives with the breed in the future?

A4: I want to keep showing and I am at the moment getting involved with the young handlers classes in Portugal, I hope to one day also show at Crufts. I would like to learn with my dad about breeding and continue to breed in the future. But most of all I want to continue to have fun with the dogs.

ALABAMA ROT - DOG'S 'BLACK DEATH' REACHES RECORD LEVELS IN THE UK

Cutaneous and Renal Glomerular Vasculopathy, commonly known Alabama ROT or CRGV, is a deadly disease that has hounded Britain's favourite pets since at least 2012. Dubbed by vets the 'dog's black death', once CRVG strikes it is often already too late - with 70%-80% of all cases being fatal and no known effective treatment. Alabama ROT has been confirmed in more than 100 cases up and down the country since 2012 and campaigners are urging dog owners to keep their pets safe. The painful disease does not discriminate among targets and can strike anywhere in the UK. It affects dogs regardless of age, sex, weight or breed.

What is Alabama ROT?

Alabama ROT is a disease that damages blood vessels in the skin and kidney. It causes blood to clot in the vessels which damages the lining and the delicate tissues of the kidneys. This causes ulcers on a dog's skin, but sadly it causes kidney failure in the kidneys, which can be fatal. The actual cause of Alabama ROT is not known. Some reports in the US suggest it is linked to the bacteria E.coli, but there is no evidence for this in cases seen in the UK.

How is Alabama ROT spread?

Right now it is unclear how the disease is spread but researchers are considering the possibility of environmental factors playing a part. Over the last 3 years, more CRGV cases have been seen between November and May than between June and October, suggesting a possible winter and spring seasonality. Some vets suspect the disease is contracted through contact with muddy and wooded areas, because most cases are diagnosed after owners took their dogs on outdoor walks. Other potential perpetrators are parasites, toxins and infected puddles.

What are the symptoms of Alabama ROT?

The first signs you may notice if your dog has contracted Alabama ROT are lesions or ulcers on the skin. These could appear as a patch of red skin, or as an open ulcer or sore. In many cases, the lesions will look out of the ordinary to vets. These sores are most commonly found on a dog's paws or lower legs, but they can also be found on a dog's face, mouth or tongue, or on their lower body. Signs of kidney failure include loss of appetite, tiredness and vomiting. If your dog is showing signs of sore skin or ulcers on an area of their body that is close to the floor it's a good idea to contact your vet. On average, dogs suffer from kidney failure about three days after lesions begin to show on the skin, however the time between sores appearing and kidney failure can be between one and 10 days. The earlier this disease is caught and treated by a vet, the higher the chances of recovery.



How can you stop your dog getting Alabama ROT?

Checking your dog's body once a day for lumps and bumps is a good habit for all dog owners to get it to, and checking them regularly for the signs listed above will help lower the risk of your dog dying from Alabama ROT. Sadly, dogs have contracted Alabama ROT in many places across the UK over the past couple of years, with cases reported in Berkshire, Cornwall, County Durham, the New Forest, Nottinghamshire, Norfolk, Surrey, Wiltshire, Worcestershire and Northern Ireland.

Thankfully, the disease is not always fatal and the earlier it is caught, the greater your dog's chances of survival. Dogs cannot be vaccinated against Alabama ROT. When in doubt always call your vet.

TRAINING TIPS

Training Tips

Please remember:

- You must give 100% attention to your dog at all times
- You are liable for the actions of your dog (third-party insurance is recommended)
- Control of your dog is your responsibility (NB. if your dog does not come back to you when called, it is not legally under control)
- You must be legally compliant (ID disc with owner's name and address, poo bags etc)
- Dogs are unpredictable - do not approach, interfere with, or feed any other dog, unless specifically instructed to do so
- Dogs must be healthy, fully vaccinated, regularly wormed/treated for fleas.

Training Tips

The following is listed to remind you of some basic concepts behind our training. It is not a programme that can be used in isolation from the classes.

- Keep calm and be patient - generally laid-back people get laid-back dogs. Remember: you are your dog's role model, and how you react will influence your dog
- If there is no leadership, dogs will do their own thing ... it's just dogs being dogs, they are programmed that way. Leaders guide in a parenting role, making safe decisions
- Don't waste a walk, it is a great opportunity - make it interesting, be unpredictable, keep calm and don't just follow your dog. Remember: your dog is out with you, not you out following your dog ... your dog should enjoy being 'with you' and not trying to get away
- Dogs only pull on lead because you let them ... every tight lead step you take rewards it
- Socialisation is about learning to be relaxed around others, it's not about play with dogs
- Be calm when leaving your dog alone, treat going in and out of the front door like going to the bathroom, do not cause over-excitement and jumping up on your return
- Remember manners and greet in order of respect ... supervise family, friends and visitors, and watch those strangers in the street undermining your parenting position
- The first 20 weeks of life is a rapid life-long learning phase for puppies
- The first 2 weeks in a new home is an important rule/control testing phase for all dogs
- Restraint, handling and grooming are vitally important exercises; not just for health care, but for bonding ... it ultimately shows how much trust your dog has in you!
- Trying to console or reassure a dog can be taken as praise, making matters worse
- Playing with your dog is the key to control, mental stimulation, and living in harmony
- Possession is power! - your dog should want to give you anything you ask for, including toys and food - don't just let your dog snatch things from you with or without permission
- Be aware of your dog controlling you, eg. nagging for fuss, play, food, attention; etc
- Dogs and puppies are not naughty - they are just dogs, doing what dogs do!
- Mistakes are just crimes of opportunity, through lack of supervision or training
- Dogs are only likely to repeat things they find rewarding ... understand 'rewards'!
- Don't take your frustrations out on your dog, it's not fair, you'll lose your dogs' trust and your aggression may cause aggression, either through self-protection: or resentment
- Our training covers everyday life-skills like play and manners, as well as 'tricks' eg. sit.

POISONS & TOXINS – BY MEDIVET

There's a number of things that are completely harmless to us, including human food, that may make your pet very ill or prove fatal.

Please remember that, just like us, pets may suffer from intolerances or allergies to certain things and not just the general toxins on this list. You know them best so look out for signs of them being unwell or not their normal self.



Alcohol

Alcohol has the same effects on pets as it does on us. However, it affects pets much more quickly, even if they only drink a tiny amount. This doesn't just mean that they will start slurring their barks! Just as alcohol can cause liver damage and other serious health problems to us, the same applies to our pets.



Antifreeze

The sweet taste of antifreeze is irresistible to cats and dogs but it is hugely toxic, causing kidney damage. This is due to the presence of ethylene glycol. Drinking only a couple of teaspoons worth is enough to kill a cat.



Chocolate

You're probably well aware that chocolate is poisonous to dogs. The toxic ingredient is called Theobromine, which is found in all kinds of chocolate. Dark chocolate is the most dangerous.



Macadamia Nuts

These are so bad for dogs that they even have their own poisoning term – Macadamia Nut Toxicosis. Eating the nuts can cause tremors and paralysis.



Milk

The image of a cat merrily lapping from a bowl of milk may exist, but in reality milk, and other dairy products, can make cats very ill. Many cats are lactose-intolerant, drinking milk can cause stomach upsets and cramps.



Nicotine

Pets don't like the taste of nicotine so they SHOULD theoretically avoid eating anything containing it. However, we all know how puppies like to chew, so if you find yourself mysteriously missing a packet of cigarettes then please consider it an emergency – the prognosis for animals with nicotine poisoning is poor so the first few hours are key.



Onions & Garlic

These affect both cats and dogs, as ingestion of ANY form of these destroys red blood cells, causing anaemia. Eating a large quantity can make your pet very sick.



Paracetamol & Ibuprofen

It's always best to assume all human medications are poisonous to your pet, unless told otherwise by your vet. Medications such as paracetamol and ibuprofen can lead to stomach ulceration, kidney and liver failure or death.



Permethrin

Permethrin is found in a number of dog flea products. Unfortunately these products that are often responsible for poisoning of cats when they are accidentally used on cats, or even when cats come into close contact with recently treated dogs. Small dogs may also be susceptible to Permethrin. Signs of poisoning include severe muscle tremors and seizures.



Rat poison

Pets frequently ingest poison when they are exposed to rats and other pests. This is dangerous because rat poison contains Warfarin, an anti-coagulant. This acts slowly to reduce clotting mechanisms in the blood. Pets who ingest it will bleed to death and there may not even be any initial symptoms to let you know there's something wrong. It's important to remember that eating an infected rat can also poison your pet.



Slug Pellets

Slug pellet poisoning will make the affected pet appear 'drunk' and affect their co-ordination. If left untreated, it will result in rapid paralysis and death.



Xylitol

Xylitol is manufactured into a white powder that looks and tastes similar to sugar. Products that may contain xylitol include sugar-free gum, candies, breath mints, baked goods, cough syrup, chewable vitamins, mouthwash, toothpaste, and more. Xylitol is extremely toxic to cats and dogs. Even small amounts of xylitol can cause hypoglycemia (low blood sugar), vomiting, liver failure, seizures leading to a coma, or even death in dogs.

WHAT TO DO IF YOU THINK YOUR PET'S BEEN POISONED:

- 1 STAY CALM.**
Remove pets from the source of poison.
- 2 CONTACT YOUR VET IMMEDIATELY.**
Inform them when, where and how the poisoning occurred. If appropriate, take the packaging, plant or substance to the vet. Don't expose yourself to any harm.
- 3 FOLLOW YOUR VET'S ADVICE.**
- 4 NEVER ATTEMPT TO MAKE A PET VOMIT.**
- 5 NEVER 'WATCH AND WAIT'.**



Caffeine

In large enough quantities, caffeine can kill your dog. There is no antidote.



E-cigarettes

As well as normal cigarettes, e-cigarettes pose a serious threat to your pet's health. The liquid capsules contain nicotine, which makes them toxic. They may be flavoured, making their aroma enticing to pets. The e-cigarettes themselves also represent a health threat if ingested.



Fat Trimmings & Bones

Although it may seem natural to give your dog or cat the leftovers from a joint of meat, both fat trimmings and bones can make your pet ill. Fat trimmings can cause pancreatitis, whilst cooked bones can become lodged in your pet's throat or splinter and cause internal damage.



Garden Plants & Ivy

Many garden plants are moderately toxic to cats and can make them seriously ill if enough is ingested. Jolly festive plants mistletoe and holly are also toxic.



Grapes & Raisins

Nobody is quite sure why, but both grapes and raisins can cause kidney failure in dogs. A small amount is enough to cause illness.



Lilies

Lilies are extremely toxic to cats, with lily poisoning causing kidney failure. All parts of the lily are poisonous if eaten, whilst some cats may become ill after licking off pollen from the flower that has been brushed on to their coat.

WINTER CARE – BY MEDIVET

Caring for your pet this winter

For some of us, cold weather is regarded as a mere nuisance. For others, it's a fun time filled with snowboarding, skiing and other winter joys.

Whatever your viewpoint is on winter, one thing remains the same for all of us with pets: it's a time when our beloved animals need some extra special care.

Are you unsure of how to help your pet feel less stressed during the firework season? Perhaps you need a little advice on how to keep your pet visible in the dark?

This leaflet provides you with the information you need to help keep your pet happy and healthy throughout the chilly, winter months.



Firework season

Fireworks are enjoyed all year round by people but they can be a source of fear for your pet.

Planning ahead can help them cope, so seek advice from your vet and follow our top tips to help make firework celebrations less frightening.

For cats & dogs:

- Make sure your cat or dog has somewhere to run and hide. This could be anything from under the furniture to inside a cupboard.
- Walk your dog during daylight hours and keep them inside the house when fireworks are being set off.
- Do not try to comfort or fuss over your pet. Leave them alone unless they try to harm themselves.
- Ignore the fireworks yourself. Get a toy and see if they want to join in but don't force them to play.
- Turn the volume of the T.V up higher than normal. This may distract them from the noises outside.
- Cats and dogs should be kept indoors during fireworks but make sure they are microchipped in case they do go outside, panic and get lost.

For small furies:

- If your small furry lives outside, partly cover their cage, pen or aviary with blankets so that one area is well sound-proofed. Make sure that your pet is still able to look out.
- Provide lots of extra bedding so your pet has something to burrow in.

Winter hazards

Icy lakes and ponds

When walking your dog in the winter, make sure they keep away from frozen lakes and ponds or keep them on a lead when near water. Thin ice may break due to your dog's weight. Never attempt to jump in and rescue them.

Being seen

Winter walks can mean dark walks. If you are walking in the dark with your pet, be sure it's not only you that wears reflective clothing.

Grit on paws

De-icing products such as road salt and grit are the biggest potential dangers to your pet's paws. Where possible, avoid walking your dog over gritted surfaces. If your pet has come into contact with grit, make sure you wipe their paws when they return home.

Anti-freeze poisoning

The smell and taste of anti-freeze products is irresistible to pets but it's incredibly poisonous. Look out for stumbling, unsteady gait or vomiting as these are vital signs that suggest your pet has anti-freeze poisoning and you must get them to your vet as soon as possible.

Hypothermia

Hypothermia can be a serious, life threatening condition. To prevent your beloved companion from ever getting it, pay close attention to weather forecasts and limit their outside activities. If your pet is shivering, bring them inside where it is warm and dry and if you suspect your pet is suffering from the cold, seek further advice from your vet.

Festive season

Food poisoning

The festive season is a time for indulging in chocolate goodies and sweet treats but we must not forget that chocolate is toxic, and sometimes even fatal, for our beloved pets. Other foods that are fatal for pets are grapes, sultanas, raisins and Christmas pudding.

Alcohol

Alcohol is significantly more toxic to pets than it is to humans. Be a responsible pet owner and keep your liquor away from your pets.

Bones

Whether they have meat on them or not, bones cause trouble for pets. Any sharp point on the bone can scrape and cut their throat. They can also get stuck in part of the digestive tract and could cause a blockage that could prove life threatening. Keep your pets safe by throwing bones into a concealed bin container and inform your guests not to feed your pet anything from the table, especially bones.

Decorations

Be aware of the decorations you put up around your house throughout the festive season. Pets can ingest tinsel and get it wrapped around their intestines. Display decorations high up so that your pet cannot knock them down.

Poinsettia

Poinsettia plants are especially popular around the festive period and they are incredibly toxic to cats and dogs. The milky white sap contains chemicals that can cause conjunctivitis if exposed to the eye. If your pet is showing signs of vomiting, swelling or itchiness, it is crucial that you see your vet as soon as you can.

PET INSURANCE – BY MEDIVET

How does Pet insurance work?

Pet insurance can provide you with the peace of mind that should the worst happen to your pet, you can receive help towards the cost of treatment. A pet insurance policy could help cover medical expenses if your pet becomes ill or is injured in an accident. A pet insurance policy will not cover routine visits to the vet or events that you could have anticipated, such as routine vaccinations or neutering.

Things to consider:

Before you take out an insurance policy for your pet, be sure to keep the following questions in mind:

- Is the insurance company reputable?
- How long has the company been established?
- Is the company a pet insurance specialist?
- Does the policy provide cover for ongoing conditions year after year for the rest of your pet's life?
- Does the policy cover congenital and hereditary conditions, hip related problems, dental disease and behavioural issues?
- Will your premiums or excesses increase just because you make a claim?
- Will the insurers place exclusions at renewal?
- Does the policy cover loss or theft of your pet?
- Does the policy cover death of your pet by illness or accident?

How your premium is calculated:

There are many factors that are used to determine the premium you will pay. Some you have control over and others you do not. Please take into account that premiums will increase over the life of your pet.

The factors that determine your premium are:

Pet's age, breed, where you live, the amount of medical coverage you choose.

Lifetime policies

- Cover is provided up to a set amount for vet fees which is renewed each policy year
- No time limit on how long you can claim for each illness or injury as long as you renew the policy each year without a break in cover
- Ideal for ongoing conditions such as diabetes or eczema



Time-limited policies

- Cover is provided up to a maximum amount per condition
- There is a 12-month limit, meaning conditions will only be covered for the first 12 months
- After 12 months the condition will be excluded from the policy



Maximum Benefit policies

- Cover is provided up to a maximum amount per condition (e.g. £3,000)
- Once you have claimed up to the maximum amount, that condition is excluded from the policy



SOCIALIZING YOUR PET - BY MEDIVET

The importance of socialising your pet?

Socialising your pet and helping them become confident, happy and well-adjusted adults is one of the most important things you can do for them.

Just like us, our pets need early exposure to their environment so they can adjust to their surroundings and understand the meaning of correct social behaviour.

Puppies

Puppies have a window of time (3-16 weeks) where they are most open to socialisation and learning. Positive social experiences will have a long-lasting effect on the behaviour of your pup as he or she develops into adulthood.

By exposing your puppy to different kinds of people, animals and environments, you can help them to become resilient in the face of unsettling situations.

Lack of socialisation can lead to puppies becoming anxious and nervous - it could even lead to long-term behavioural problems. It is important to provide your pet with the right kind of experiences during their early years, such as meeting new people and animals, so they understand how to cope or respond to the variety of interesting things they will encounter during their lifetime.

What can you do to help your pet?

Take your dog to the park

Generally speaking, the dogs that frequently visit parks enjoy playing with other dogs. You'll get to see the dogs interact in a safe environment and it's a great way to make new friends! Adult dogs will teach puppies their "doggy manners", which are important lessons to learn. Your pup will also get the chance to meet and interact positively with new people.

Attend a class

Socialisation classes and other kinds of dog training workshops are great places to meet other owners and pups. Many of our practices hold 'puppy parties'. These classes are informative and beneficial for both owners and puppies. Contact your local Vet practice to find out if they hold puppy parties.

Introduce your pet to a variety of people

Our world is blessed with a variety of personalities, so your pet will need to understand this. Encourage polite and calm children to stroke your pet and feed them a treat. Introduce your pet to people who use wheelchairs and walkers, and those that have high or deep voices, etc. - none of these ordinary people should be extraordinary to your pet.

How can your vet help?

Contact your vet and ask them if they have puppy socialisation classes - also known as 'puppy parties'. A large number of vets hold puppy parties and they are a great way for you to learn about the importance of socialisation, how to handle your puppy, how to train them and how they can explore the world around them safely.

You may also be able to learn about: Insurance, Microchipping, Toilet training, Crate training, Flea and worm treatment, Vaccinations, Exercise and recall training, Diet, Collar and lead training.

Your puppy will be exposed to other dogs taking part in the course. By exposing them to other dogs and different situations, you will help them become comfortable with the world around them, leading to a more rewarding life for the both of you.



*Join us for our
AGM & Fun day*

**The Estrela Mountain Dog Club UK
AGM and Fun Day**

20th May 2018

Bearley Village Hall

Bearley

Stratford-Upon-Avon

CV37 0SB



ON THE DAY:

10.00am - arrival for AGM set up with coffee/tea

11.00am - Annual General Meeting begins (members only)

12.30pm - Lunch time (all welcome)

14.00pm - Fun day with Bingo, Raffle and fun dog show for all

Free Car Park available

Everyone is welcome for the lunch and fun day. All breeds are welcome to attend.

Food orders will be sent out by Marcia very soon.

THE CLUB AND HOW TO GET INVOLVED

Present committee Members 2015

President: Carla Molinari (Portugal)
Club Patron: Jeronimo Augusto (Portugal)
Chairman: Heather Jeremiah
Treasurer: Ana Rita Vidal
Secretary: Marcia Dovey

Committee:

Pedro Silva
Luis Ramos
Alister Hughes
Peter Edwards
Simon Westcott

Other positions:

Rescue & Health Co-ordinator: Heather Jeremiah
Contact: heatherjaynehughes@hotmail.com

Newsletter: Ana Rita Vidal
Contact: anaritauk@hotmail.co.uk

Club Shop: Marcia Dovey
Contact: sturtmoor@sky.com
Tlf: 0780 727 4709 (Mobile)
Address: 50 Beech Grove
Oakdale
Gwent
NP12 0NB

You are welcome to contact us at any time if you would like to be more involved with the club.

Any help is very much appreciated.

We also want you to feel you can contribute to the newsletters with stories, experiences, photos, articles etc. We want to hear from you :)